

# Child Development and Well Being Workgroup Meeting Minutes Summary

December 3, 2015 10:00am – 12:00 pm

**Attendees:** Connie Sherman, Nancy Ward, Lauren Edwards, Carrie Bale, Julie Burns, Christina Commons, Kresha Warnock, John Peirce, Monica DiOrio, Amanda Lopez; *On phone:* Mary Ann West, Beth Stroh

## **Key Topics Discussed**

#### **Special Guests**

• Lauren Edwards, RN, Office of Early Child and Out of School Learning's new nurse

### **ELAC Updates**

- The Strategic Plan will be finalized and unveiled at the January Kickoff Meeting on January 14, 2016 from 10:00am 4:00pm (Save the date!);
- Next Annual Report is under development to be completed before the General Assembly takes session in January; and
- New and Reappointed Committee Members (2-year terms are up): Kevin Bain, Melanie Brizzi, Charlie Geier, Connie Sherman, Robin Atkins, Christopher Stokes and Cindy Frey.

# Proposed Licensing Changes - Nancy Ward

- Indiana code for licensed homes and centers is open for revision, and the workgroup proposed changes related to developmental screening, physical health and nutrition:
  - 1. Child cares are required to assist families in obtaining developmental screenings within 3 months of entering the program and embedding it within the physical exam. There needs to be one screening for all children under the age of five. For children under the age of 2, their screening is part of their annual physical exam. Then specific age guidelines:
    - Children enrolled as infants must have physical at age 1 and age 2
    - Children enrolled after age 2, have to have one physical exam within 1 year prior to enrollment or within 6 months of enrollment
  - 2. Requirement for staff working with infants and toddlers, must have training on safe sleep and the importance of developmental screening.



- 3. All licensed ECE providers must limit screen time (that is, time spent viewing television, video, DVD or computer screens, including laptops and tablets, and including such viewing that is part of educational or physical activity uses) per the following schedule:
  - less than two years (under 24 months): no screen time;
  - three through eight years: no more than 30 minutes daily for education or physical activities;
- 4. All ECE providers must ensure that:
  - children one year and older receive teacher-led (structured) physical activity at least once per 4 hours of care;
  - children one year and older receive outdoor active play time at least once for each half day in care, including during weather above 25 degrees Fahrenheit.
- Nancy informed the workgroup that there are checkboxes on the updated health forms for licensed centers to note if screenings for lead, developmental, and tuberculosis risk have been completed, and she will make this change for other provider types.,

### Child Care and Development Block Grant (CCDBG) Reauthorization - Nancy Ward

- By September 30, 2016 Indiana must have a policy in place to share information about developmental screening (as part of CCDBG reauthorization);
- Workgroup discussed the opportunity to create a more comprehensive public awareness campaign to promote the use of developmental screenings.
- Carrie shared how other states are promoting the use of developmental screenings through various policy initiatives. For example, Maryland is having programs complete screenings on children within 3 months of enrollment in early learning programs and giving providers 3 screening tools to use. Maryland also offered to purchase ASQ for providers wanting training by end of 2015;
- Christina shared how developmental screenings have been embedded within Integrative Care Entities, which require the use of ASQ and ASQ-SE at specific age milestones (9 months, 12 months, 18 months, 24 months, and 30 months). An Integrative Care Entity is a collaboration between a primary care physician and behavioral health specialist to provide care for an individual/youth primarily with the federally funded health organizations. There are 5 pilots statewide but more will be added with new grant funding.



• Workgroup discussed that this will be the main focus for 2016 and will work to develop a comprehensive policy and resources (like the Family Engagement Toolkit) to share with stakeholders to promote the use of developmental screenings. The plan will be discussed at the January meeting.

#### Other Items Discussed

- <u>Indiana's Core Knowledge and Competencies (CKC)</u> are best practices for any professional that works with youth of all ages and are currently under review;
- The final <u>Infant Toddler Policy Brief</u>, which includes data on the state of Indiana's infants and toddlers and recommendations on policy changes has been posted to the workgroup in Wiggio and is available on the ELAC's webpage under Resources <u>here</u>. The workgroup that developed the report presented it to ELAC in November and will return to the December Committee meeting to follow-up on the discussion of how to better integrate the focus on infants and toddlers in ELAC
- The ELAC Family Engagement workgroup is working on developing a definition of Home Visiting for the ELAC glossary and welcomes input from other workgroup members;
- IACCRR recently received a <u>Child Care Aware</u> grant which provides a person to work on various aspects of child care awareness; Julie Burns is on the committee and is working to align Jump IN's efforts with the work of ELAC.

#### **Key Questions Raised**

- 1. What does EPSDT measure? Does it coordinate with ASQ-SE?
- 2. Are there any organizations/collaborations already working to develop a closed-loop system (i.e. child care providers to do the screenings and connecting them to the next steps, such as medical steps?)
- 3. Is there a way to quantify the barriers to screenings and the cost to break through the barriers at each stage? Could we design a model of the best-case system and work down from there?

## **Action Steps**

1. **John Peirce** will talk to the Family Engagement workgroup about adding the developmental screening/ASQ family engagement piece to the Family Engagement toolkit;



- 2. **John Peirce** offered to share updates on the status of Indiana potentially implementing Help Me Grow after their next meeting.
- 3. **Nancy Ward** will submit the proposed regulations on licensing standards related to nutrition, physical health and developmental screens.
- 4. **Carrie Bale** and **Julie Burns** offered to draft recommendations for the ELAC Annual Report related to developmental screening and physical / nutrition health respectively and post to Wiggio for workgroup review before presenting it to Guiding Team on December 11.
- 5. **Christina Commons** offered to post the strategic plan for Project LAUNCH.

**Next Meeting**: Annual ELAC Kickoff Meeting on January 14, 2015; 10:00am-4:00pm. The workgroup will discuss the calendar of meetings for 2016.

Location: Wayne Township Preschool 1155 S High School Rd, Indianapolis, IN 46241